

SA Classic Powerlifting Championships 2024 - Final entries

First Name	Surname	Province	Youth	SJ	Jun	Open	M1	M2	M3	M4	Qualified V	TShirt Size	Platform Coach
Emma	Diedericks	Eastern Cape		X							47kg	Small	Elisabeth + Andre
Shelby	van Tonder	Gauteng				X					47kg	Small	Henk & Laura
Tarryn	Valle	Western Cape					X				52kg	Extra Small	None
Alexa	Pentopoulos	Gauteng			X						52kg	XS	Henk De Wet
Giulia	Muto	Gauteng			X						52kg	Xs	Henk
Grace	Roberts	Gauteng		X							52kg	Small	Barbell Bullies
Vanessa	Schlebusch	Kwazulu Natal						X			52kg	Small	Amelia Krishna
Alicia	de Lange	Eastern Cape			X						52kg	M	Scott Pornss
Elisabeth	Barry	Eastern Cape						X			52kg	Small	Rodney Anthony + Ilze-Mari
Surina	Devnarain	Gauteng			X						52kg	Small	Rodney Anthony
Carol	Anthony	Gauteng						X			57kg	small	Rodney Anthony
Luca	du Toit	Gauteng				X					57kg	Medium	Rodney Anthony SOS
Kate	Wilkin	Western Cape			X						57kg	X-Small	André Ludik
Nicole	Hasell	Gauteng			X	X					57kg	small	Henk De Wet
Dulcie	Duguid	Western Cape								X	57kg	Small + Large	Petar Kartev
Kim	Dubs	Western Cape							X		57kg	Small	Petar Kartev
Hannah	Langman	Gauteng			X						57kg	Small	Ian Furman
Alexandra	Mundell	Gauteng			X						57kg	Small	Darryn Anthony
shireen	saacks	Gauteng					X				57kg	s	2.0 Gyn - Dan
Devorah	Eilim	Gauteng		X							57kg	Medium	Dan Oppenheim
Giovanna	Winetzki	Gauteng				X					57kg	XS / S	Andrew Anthony
Karamyn	Naicker	Gauteng		X							57kg	Small	Edlyn Serge
Caitlyn	du Plessis	Eastern Cape			X						57kg	Small	Elisabeth Barry + Andre
Joanna	Ridgard	Gauteng		X							57kg	M	Megan Leighton & Chantelle duToit
Miriam	Sinclair	Eastern Cape							X		57kg	Medium	Andre Ludick
Antoinette	Kriel	Gauteng				X		X			57kg	XS	Andrew Anthony
Rosan	van Wyngaard	Western Cape				X					57kg	Medium (Ladies)	Rodney Anthony
Chevonne	Roos	Gauteng				X					57kg	Small	Darius Sangari / Maureen Ackerman
Karlia	Snyman	Gauteng			X						57kg	S	N/A
Shannon	Wilding	Gauteng			X						63kg	S	Shaun Piercy
Madelaine	Posthumus	Gauteng						X			63kg	Small	Laura de Wet
Christi	Minnie	Eastern Cape	X								63kg	Small	Ilze Mari Maritz
Mijuane	De wet	Gauteng		X	X	X					63kg	Small	Henk and Laura de Wet
Daniella	Da Silva	Gauteng				X					63kg	Small	Henk de Wet
Charne	Herman	Gauteng		X							63kg	Medium	Laura de Wet
Megan	Stringer	Kwazulu Natal			X						63kg	Large	Megan Leighton
LINDIWE ISABEL	MCHUNU	Kwazulu Natal				X					63kg	Small	Amelia
Sorah	Garber	Kwazulu Natal					X				63kg	Small	TBA
Chantel	Dreyer	Gauteng				X					63kg	S	Henk de wet
Lucy	Marutle	Gauteng					X				63kg	Small	Laura
Gaia	Mottalini	Gauteng			X						69kg	Medium	Darius Sangari/Maureen Ackerman
CHANTE	MULDER	Eastern Cape		X	X						69kg	Small	Izle-Mari Maritz
Astrid	Schwarz	Western Cape				X					69kg	Medium	Megan Leighton
Chante	WATERS	Mpumalanga				X					69kg	M	Laura De Wet
Talitha	de wet	Gauteng		X							69kg	XL	Henk and Laura de Wet
Kelly	Brannan	Gauteng					X				69kg	small	Rodney Anthony
Stephanie	Jones	Western Cape			X						69kg	Large	Calum Harding
Sasha	Gadney	Gauteng				X					69kg	Small	Sarel Gadney
Stephene	Loubser	Eastern Cape		X							69kg	Small	I.M Maritz
Gila	Smith	Gauteng		X							69kg	Small	Vicki Botha
Chenel	Kruger	Western Cape				X					69kg	Medium	Tom Wewege
Mo	Adejuyigbe	Western Cape			X						69kg	Medium	Megan Leighton
Charnleigh	Kotzé	Gauteng			X	X					69kg	Small	Tom Wewege

SA Classic Powerlifting Championships 2024 - Final entries

Vleen	Serge	Gauteng			X					76kg	Med	Edlyn Serge
Roechelle	Van der Merwe	Free State	X							76kg	medium	Bernice vd Westuizen
Bonita	Bloem	Gauteng						X		76kg	medium	Andrew Anthony
Anika	Maree	Eastern Cape		X						76kg	Large	Ilze-Mari Maritz
Lisa	Stander	Western Cape	X							76kg	Medium	Adriaan Stander
Jaymee	Cooper	Western Cape	X							76kg	Medium	Graham Cooper
Maxene	Booyesen	Gauteng			X					76kg	Large	Andrew Anthony
jodi	poxon	Gauteng				X				76kg	medium	Chantelle du Toit
Marianka	Fourie	Gauteng		X	X					76kg	Medium	Dan Oppenheim
Denise	Wilkinson	Gauteng						X		76kg	Male Large	Couch Rodney Anthony
Timieke	Smith	Gauteng	X							76kg	M	Thabang Motloung
Sihle	Madondo	Gauteng			X					76kg	Large	Barbell bullies
Pia	Marangoni	Gauteng			X	X				76kg	L	TBC
Beverley	Furman	Gauteng						X		-84kg	Large	Ian Furman and Justin Furman
Megan	Faul	Gauteng			X					-84kg	Large	Megan Leighton
Lize-Mari	de Beer	Gauteng			X					-84kg	Medium	Dan Oppenheim
Naiema	Mohammed	Western Cape			X	X				-84kg	Medium	Rodney Anthony
Ava	Bezuidenhout	Gauteng	X							-84kg	Large	Henk De Wet
Nicole	Cooposamy	Western Cape			X					-84kg	Large	Tambe Joesha
Zanele	Ngwenya	Gauteng					X			-84kg	M	Meg Leighton
Phokwane	Moloele	Gauteng					X			-84kg	Medium	Henk & Laura de Wet
Michele	Townsend	Gauteng						X		+84kg	XXXL	Laura de Wet
Ilse	Jaquire	Gauteng			X					+84kg	XXL	Darryn Anthony
Marina	Van der Linde	Gauteng			X	X				+84kg	XL	Sarel Gadney
Robyn	Gilfillan	Gauteng					X			+84kg	Xtra Large	Laure De Wet
Megan	Wright	Gauteng			X					+84kg	Large Mens cu	Alexa
D'dray	Jacobs	Gauteng			X					+84kg	Large	Lauren Norton
Simone	Van der merwe	Gauteng	X	X						+84kg	M	Henk and Laura de Wet
Paulette	Preyser	Western Cape						X		+84kg	XXL	Henk De Wet
Fiona	Swart	Gauteng						X		+84kg	Xlarge	Rodney Anthony
Pelo	Kole	North West					X			+84kg	L	Azariel Ndoni
Lauren	Norton	Gauteng			X					+84kg	Men's XL	Andrew Anthony
DANIELLE	WALDECK	Western Cape			X					+84kg	Large	none
Olivia	Perotti	Gauteng			X					+84kg	Medium	Chantelle
Lauren	Jones	Gauteng					X			+84kg	XL	Meg Leighton
Buyisile	Ngubane	Gauteng						X		+84kg	XL	RODNEY ATHONY
Samuel	Meshilinie	Eastern Cape	X							53kg	Small	Elisabeth Barry + Andre
Gabriel	Chiremba	Gauteng	X							53kg	Small	Thabang Motloung
Geordie	Goliath	Western Cape			X					59kg	Small	Ebrahim Mobarra
yonatan	bricker	Gauteng	X							59kg	medium	Ronit Garber
Hao-Cheng (Charlton)	Chung	Gauteng	X							59kg	Medium	Megan Leighton
Tankiso	Mayaba	Gauteng		X						59kg	Small	Thabang Motloungo
Aaryan	Valjee	Kwazulu Natal	X							66kg	Medium	Amelia Krishna
Enrico	Johnson	Western Cape						X		66kg	Small	Allistair begg
Ferde	Botha	Eastern Cape	X							66kg	M	Ilze-Marie Maritz
Liam	Schwegler	Gauteng	X							66kg	Small	Henk & Laura De Wet
Donovan	Tennant	Eastern Cape	X							66kg	Small	Elisabeth Barry + Andre
Brandon	Loock	Eastern Cape	X							66kg	Medium	Elisabeth Barry + Andre
Jaden	Madhav	Gauteng	X							66kg	small	Henk de Wet
Elton	Khoza	North West			X					66kg	S	Azariel Ndoni
Lesego	Ramolapong	North West			X					66kg	M	Azariel Ndoni
Jaime	Abida	Gauteng			X	X				66kg	small	Andrew Anthony
Caneous	Mdluli	Gauteng				X				66kg	Medium	Nicholas Ingel
Nathan	Michael-Steyn	Western Cape			X	X				66kg	Medium	N/A

SA Classic Powerlifting Championships 2024 - Final entries

Steve	Coleman	Gauteng				X					66kg	Small	The Meg
Alex	Collocott	Gauteng	X								74kg	Medium	Cap Mdluli
Dan	Oppenheim	Gauteng							X		74kg	M	Henk
Darius	Sangari	Gauteng			X						74kg	M	Maureen Ackerman
Carl	Osborne	Western Cape		X							74kg	M	Tambe Joesha
Stanley	Lameyer	Western Cape							X		74kg	Medium	Allistair begg
Ruben	van der Linde	Gauteng		X							74kg	Medium	Henk de Wet/Glen van der Linde
Glen	van der Linde	Gauteng					X				74kg	L	Self
Simon Mkholo	Sishamge	Gauteng		X							74kg	Medium	Megan Leighton
IAN	HACKER	Gauteng							X		74kg	MEDIUM	HENK
Daniel	Saacks	Gauteng	X								74kg	large	Chris
Henre	van der Berg	Eastern Cape	X								74kg	M	Ilze-Marie Maritz
Scott	Pornss	Eastern Cape		X	X						74kg	M	Alicia de Lange
Nicholas	Snyman	North West		X							74kg	Medium (M)	None
Jean-Michael	Muldner	Gauteng			X						74kg	L	None
John	Evens	Western Cape	X								74kg	large	Tambe Joesha
Levi Simcha	von Zwiklitz	Gauteng	X								74kg	Medium	Jean Etie Mwamba
Juan	Bezuidenhout	Eastern Cape		X							74kg	Medium	Elisabeth Barry + Andre
Yaniv	Lacob	Gauteng						X			74kg	Medium	Nic Ingel
Philasande	Faku	North West	X								74kg	M	Madikane Faku
Thapelo	Mothako	Gauteng		X							74kg	Medium	Jean Ellie
Jonathan	Ridgard	Gauteng	X								74kg	L	Megan Leighton & Chantelle duToit
Leonardo	Gomes	Gauteng			X						74kg	medium	Henk De Wet
Samuel	Teeger	Gauteng	X								74kg	Medium	Jean Etie mwamba
Nishalin	Govender	Gauteng			X						74kg	Medium	Megan Leighton/ Chantelle Du Toit
Tyron	Potgieter	Eastern Cape		X							74kg	Medium	Elisabeth Barry + Andre
Cameron	Drotsky	Gauteng			X						83kg	Large	Rodney Anthony
Avishai	Eilim	Gauteng		X							83kg	XL	Dan the man
Stehan	van der Merwe	Western Cape	X								83kg	Large	None
Allistair	Begg	Western Cape				X					83kg	Medium	None
Michael	van Beek	Western Cape		X							83kg	Medium	Maureen Ackerman
Chris	Forget	Gauteng				X					83kg	Medium	NA
Pieter	Nel	Western Cape			X						83kg	Large	El-Shane
Robert	Tibbitt-Eggleton	Gauteng							X		83kg	Large	Henk de Wet
RYAN	SUTTON	Kwazulu Natal	X								83kg	MEDIUM	N/A
Marlon	Daniels	Gauteng			X	X					83kg	Medium	Rodney Anthony
Matthew	Palmer	Kwazulu Natal		X							83kg	XL	N/A
Jethro	Shaw	Kwazulu Natal		X							83kg	Medium	Self
Connor	Reynolds	Gauteng		X							83kg	Large	Megan/Chantelle
Gregory	Flugel	Gauteng							X		83kg	M	Rodney Anthony
TOMMIE	DE NYSSCHEN	Free State							X		83kg	Medium	Self
Steven	Vosloo	Eastern Cape		X							83kg	Large	Elisabeth Barry + Andre
ER	SADIE	Eastern Cape			X						83kg	Medium	Andre Ludik
Frank	Lubbe	Gauteng			X						83kg	Large	Chantelle Du Toit
Tshepiso	Masiza	North West		X							83kg	M	Madikane Faku
Daniel	Asiwe	North West			X						83kg	L	Azariel Ndoni
Ewan	Boshoff	Free State	X								83kg	Medium	Ricardo Barreto
Anrich	Boshoff	Free State		X							83kg	Medium	Ricardo Baretto
Ayabonga	Goba	Eastern Cape	X								83kg	M	None
Christopher	Williams	Gauteng	X								83kg	M	Dan Oppenheim
Anam	Manyela	Eastern Cape		X							83kg	Medium	Anam Manyela (myself)
Thomas	Harilaou	Gauteng	X								83kg	Medium	Andrew anthony
Morgan	Holmes	Eastern Cape	X								83kg	Large	N/A
Grant	O'Donoghue	Gauteng			X						83kg	Large	Chantelle du Toit
Steve Adebayo	Ogunfemi	Gauteng			X		X				83kg	Large	Johnny Dam
Ryan	Stopforth	Gauteng			X						93kg	Large	Lifter - Ryan Stopforth

SA Classic Powerlifting Championships 2024 - Final entries

Deon	Smedley	Gauteng			X	X				93kg	XL	Chantelle
Simon	Thomas	Gauteng		X						93kg	XL	Andrew Anthony
Jerry	Botha	Gauteng						X		93kg	XL	Chantelle du Toit
Szethyn	Fulop	Gauteng	X							93kg	Large	Henk De Wet
Russell	McLaren	Western Cape				X				93kg	Large	None
Xander	Nel	Western Cape		X						93kg	Large	Joshua Capazorio
Brandon	Samuels	Western Cape			X					93kg	Large	Still deciding
JP	Blom	Gauteng	X							93kg	XL	Rodney John Anthony
Eduard	Retief	Gauteng	X							93kg	Large	Henk De Wet
Jake	Finch	Gauteng	X							93kg	XL	Darryn Anthony
Joshua	Wilkins	Gauteng			X					93kg	Large	None
Chad Liam	Polley-Green	Gauteng			X					93kg	XL	Self
Nkosinathi	Ntuli	Gauteng			X					93kg	L	Joesha
Janco	Du Plooy	Free State	X							93kg	Large	Ricardo Barreto
Johnny	Dam	Gauteng			X			X		93kg	XL	Gorgops Ogunfemi
Franko	Tchilingirov	Gauteng		X						93kg	Large (L)	Thabang Motloung
Ebrahim	Mobara	Western Cape						X		93kg	Large	Denzel Vermeulen
Vukile	Senama	North West			X					93kg	L	Madikane Faku
Alan	Ridgard	Gauteng						X		93kg	XL	Megan Leighton & Chantelle duToit
Petrus Johannes (Kean)	Geustyn	Free State	X							93kg	Large	Ricardo Barreto
Luca	Meyer	Gauteng	X							93kg	Extra Large	Danisa
Joshua	Standers	Gauteng			X					93kg	Large	Darius Sangari / Maureen Ackerman
Lemuel	mncube	Gauteng				X				93kg	Medium	Henk de Wet
Stian	Landman	Eastern Cape	X							93kg	XL	Ilze-Mari Maritz
Uche	Aka	Gauteng	X							93kg	XL	Laura
Bandile	Khuzwayo	Gauteng			X					93kg	L	Henk
Edlyn	Serge	Gauteng				X				105kg	XL	VLeen Serge
Michael	Cowley	Western Cape			X					105kg	XL	Nicolaas du Preez
Daniel	Duke	Gauteng			X					105kg	XXL	Dan oppenheim
Thomas	Wewege	Western Cape			X					105kg	Large	Henk de Wet
Quintin	van der Merwe	Gauteng				X				105kg	XL	Hannie Smith
Calum	Harding	Western Cape			X					105kg	XL	Daniel Cotton
Kemeshan	Naicker	Gauteng			X					105kg	XL	Henk de Wet
Paul	Bester	Free State			X					105kg	Large	Ricardo Barreto
Derek	Hayden	North West						X		105kg	2XI	Rodney
Ryno	Du Plessis	North West		X						105kg	2XL	Johan (Hannie) Smith
Simbayi	Bvumburai	Gauteng			X					105kg	XL	Henk de Wet
Joshua	Thurtle	Eastern Cape	X							105kg	Xlarge	Elisabeth Barry + Andre
Azariel	Ndoni	North West			X					105kg	L	Madikane Faku
Richard	Steenekamp	Gauteng	X							105kg	XL	Rodney Anthony
Andre	ludik	Eastern Cape						X		105kg	xxx l	ilze
Sibusiso	Sishi	Gauteng			X					105kg	Large	Henk De Wet
Chad	Ireland	Gauteng			X					105kg	XXL	Lauren Norton
Gerhard	Fourie	Gauteng			X					105kg	XL	Andrew Anthony
Haroun	Pietersen	Gauteng			X					105kg	Xxl	Rodney Antony
Keeran	Nadas	Kwazulu Natal			X					105kg	Xxl	Self coached
Daniel	Cotton	Western Cape		X						105kg	Large	None
Zaid	Niemand	Eastern Cape	X							105kg	L	N/A
Khotso	Thekiso	North West			X					105kg	Large	Chantel and Meghan
Yohan	Assous	Gauteng				X				105kg	XL	School of Strength
Denis	Bensch	Gauteng						X		-120kg	XL	Henk De Wet
shaeel	singh	Gauteng				X				-120kg	XXL	Shaeel
Hennie	Janse van Rensburg	Mpumalanga				X				-120kg	XL	Rodney Anthony
Hermanus Bernardus	de Beer	Gauteng						X		-120kg	XXXL	Dan Oppenheim
Simon	Curtain	Eastern Cape		X						-120kg	XL	ELIZABETH BARRY
Francois	Maritz	Gauteng			X					-120kg	xl	na
Melvin	Naidoo	Gauteng			X					-120kg	XXL	Henk De Wet

SA Classic Powerlifting Championships 2024 - Final entries

MOGAMAT	KADER	Western Cape				X				-120kg	XI	No
Lucas	Kleiner	Gauteng		X						-120kg	XXL	Meg/Chantelle
Newton	Mudau	Gauteng				X				-120kg	X-Large	Chantell du Toit
Braam	Van Huyssteen	Free State				X				-120kg	XXL	None
Darien	Bester	Kwazulu Natal			X					-120kg	2XL	N/A
Madikane	Faku	North West				X				-120kg	XXL	Azariel Ndoni
Josh	Sass	Gauteng		X						-120kg	XXL	Henk De Wet
Minolan	Naidoo	Western Cape			X					-120kg	XXXL	Tambe Joesha
Daine	Groenewald	Gauteng			X					-120kg	XXL	Megan Leighton
Simon	Breetzke	Gauteng				X				+120kg	4 xl	Rodney Anthony
Pieter-Francois	Van Zyl	Western Cape			X					+120kg	4xl	Nicolaas Du Preez
Joel	Ramkisson	Kwazulu Natal			X					+120kg	3XL	Amelia Krishna
John	Crain	Gauteng					X			+120kg	3xl	Henk De Wet
Bryce	Sillitoe	Gauteng		SO						+120kg	4XL	Chantelle du Tiot
Joaquim	Geraldes	Free State			X					+120kg	3XL	Marnu Wessels
Pieter	Schoeman	Free State					X			+120kg	3XL	RUBEN
Stefan	Schroder	Gauteng			X					+120kg	4XL	Rodney Anthony
Adam	Stein	Gauteng			X					+120kg	2XL	Ian Furman
Werner	Koekemoer	Gauteng				X				+120kg	6XL	Henk de Wet